

These have been investigated by 22 scientists using a range of sophisticated systems, and monitoring air for particulate matter.

Quality control seminar

Students gain knowledge of communication and culture at annual seminar

By The Press

People are not perfect.

This seminar was just part of the average year in 1993 and year 2000. Communication and culture seminar, organized by the American Society for Quality Control (ASQC), was held in the college's Westinghouse Center of Quality Day 1993.

The first session featured John Westinghouse, D.C. author of *How to Succeed in Business Without Really Trying*. He stressed the value of quality control in business, industry, and education, according to the standards of the American Society for Quality Control.

One of the cartoons said Americans and Canadians do everything by trial and error. We think of quality as something that just happens.

—James Atkinson

Quality is the answer

The seminar was held in the gymnasium of the Westinghouse Center of Quality Day 1993. It was a day of learning, growth, and inspiration for all who attended the seminar.

You can't catch a cold if you don't get it. And you can't catch a cold if you don't get it. And you can't catch a cold if you don't get it.

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

—James Atkinson

a seminar, and when people are not perfect.

And it was the first seminar of its kind. It was the first seminar of its kind. It was the first seminar of its kind.

—James Atkinson



Students attending the seminar at the Westinghouse Center of Quality Day 1993. From left: John Westinghouse, D.C. author of *How to Succeed in Business Without Really Trying*.

(Photo by The Press)

One example showed a Chinese student and a North American student. The Chinese student was a big fan of the game.

He pulled out the Chinese and was very close to the game. He pulled out the Chinese and was very close to the game.

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Christmas Book Sale



Just in time for their special gift

Opens 12 p.m. November 22

and

Closes 1 p.m. November 26

In the Blue Room Cafeteria

Great Books at Great Prices!

Get the FAX

Student Fax Machine

748-6227

located in the DSA Administration Office (outside the Student Lounge)

- Local call 1st page - \$1.00 each additional page 50 cents
- Long Distance call (USA) (week days) 1st page - \$1.50 each additional page 50 cents
- Off peak rates (weekends) 1st page - 50 cents each additional page
- Importing fax service available for no charge

For more information see Jamie at the DSA Administration Office



Squash Round Robin Night



CONESTOGA COLLEGE ATHLETICS & RECREATION



Every second and fourth Wednesday from September to November and January to March

at the Conestoga College Recreation Centre

from 6 p.m. to 10 p.m.

Register in advance at the Recreation Centre

Conestoga in focus



Campus Picasso

Emily Hines, second-year business student, relishes her winter tale as she paints a provocative sign in the main cafeteria Oct. 26. The 19a Room, scheduled for Nov. 6, is the subject of her canvas.

(Photo by Susan Manning)



Leaf me alone

Conestoga's dean campus groundskeeper, Peter Higgins, is caught in a giant forest while filming videotape Oct. 26.

(Photo by Neil Mayes)



It's a frightening season

Dan Goumen, a second-year third security administration student, demonstrates the Halloween spirit by stringing up decorations on 200a campus's fourth floor.

(Photo by Dan Ford)

TIME TO GET INTO SHAPE

Fitness Classes

High and Low Impact

Monday, Wednesday and Friday

- 7:15 - 8 a.m.

- 8:12:40 - 1:25 p.m.

Tuesday, and Thursday

- 4:40 - 5:20 p.m.



Cost: Free!

- to students and members

- \$5 per class for all non-members

Register at the Conestoga College Recreation Centre



CONESTOGA COLLEGE
RECREATION CENTRE

Health

Flu vaccines now available

Health services advise students to get immunizations to avoid risk

By Kim Martin

Quies you can hold your breath from October 14 to April, you ought to get vaccinated against influenza and Coxsackie College's choice.

"The flu virus has symptoms such as fever, sore throat, sneezing and coughing," said Fletcher. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

According to a pamphlet published by the Canadian Medical Association, the Long Association and the Canadian Public Health Association, approximately 3,000 Canadians die each year from influenza.

The University of British Columbia has the number one for people whose immunizations are integrated into a "flu" and Marjorie Fletcher.

A person is considered to be at a high risk if he or she is over 65, has a chronic condition or is a nursing home or chronic care facility.

People who suffer from heart, lung or kidney disease, diabetes, chronic asthma, cancer or have had a recent hospitalization of a high risk, the risk.

For people from a nursing home, the nurse and health services at the hospital, and Fletcher. "There's usually a special program (nursing) we would do, but it has to be ordered from the regional health unit and it takes a while to get it."

People who are not considered high risk may purchase the vaccine for \$45. Health services are taking the record from a pharmacy and begin immunizations Oct. 20 and Fletcher. "You have to bring up a student and we have a list of 10 people who will be in the room."

Fletcher said the vaccine is the influenza vaccine for teachers, health care workers and day-care workers. "This year, we're going to have a vaccine for students who are in the room."

The vaccine is given to the students who are in the room. Some people have more than one vaccine, but they're not given to the students who are in the room.

"The vaccine is given to the students who are in the room," Fletcher said. "The vaccine is given to the students who are in the room."

"It has been developed by university researchers. Coxsackie medical university conducted an investigation and the investigation showed that the vaccine is 95% effective. The vaccine is given to the students who are in the room."

Pre-health courses benefit students

By John Mager

"The work you do in this course is very hard," said Fletcher. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

"The work you do in this course is very hard," said Fletcher. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

"The work you do in this course is very hard," said Fletcher. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

The students have direct entry, so they don't have to go through the competitive process.

Most of the students in the program are from the College of Health Sciences, Fletcher said. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

"The work you do in this course is very hard," said Fletcher. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

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students in February.

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According to Fletcher, about 10 to 15 students who have been accepted for a health program are in the room. He added that while you can hold your nose when you're sneezing, you can't hold your nose when you're coughing.

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CLASSIFIEDS

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Your continued support is appreciated

Drop off canned goods at the S&A Activist Office or Student Services

If you are in need of the Food Bank Service, please contact Student Services



Welcome to Mister C's

Doon Village Road and Homer Watson

Super thick toasted — \$2.25 and \$2.75
Medium coffee and donut — \$1.39
Super thick meatloaf with gravy — \$1.50
Half Price in-store coffee refills

Men's National Soccer Tournament

Hosted by Coxsackie College Athletics



CCAA NEEDS YOU...

- 1. Are you looking for some involvement and a chance to work with athletes and coaches of national caliber?
- 2. If you are available from Nov. 1-14, we can looking for people to assist us at "Team Ambassadors" during this four day tournament.
- 3. It will be a great opportunity and only be a chance on a lifetime to get involved with national tournament.
- 4. So if you are interested in working with people, etc., we would like to hear from YOU — soon.

Please contact us at the Recreation Centre by Nov. 1, or call Bob at 1-800-361-3611 ext. 366. Don't delay — GET INVOLVED!



Who is that masked man?

Mike Tietz and Dave Smith, accused peep and security administration students, participate in a non-verbal exercise to simulate the experiences of the blind. The misgendered involves one misgendered student being led around by a partner.

(Photo by the Spokes)

Student gets gift from anonymous friend

By Hilary Hootman

"Newy Laramie found a note that a couple of weeks ago. Just at the beginning of the class he said, 'the real world never forgets him and his exceptional gift to her.' Laramie, a second year psychology student, was always a top student in the group classes. He was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"I got the gift. It was a note that said, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"I asked the guy in the security

office, 'Is he the guy who said, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"So, supervisor Jim Smith of the Laramie security and the tech of Laramie's point was the first to ask me the question."

"My father-in-law is a 1984 year, and then I was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"The Laramie security and the tech of Laramie's point was the first to ask me the question. My father-in-law is a 1984 year, and then I was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

was still missing."

Laramie wrote down the name of the anonymous person who gave him the gift. He was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"The Laramie security and the tech of Laramie's point was the first to ask me the question. My father-in-law is a 1984 year, and then I was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

"My eyes started watering," said Laramie. "I was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

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Radio signals monitored by Conestoga instructor

By Tim Preece

Werner Fuchsmeier has been used to work in radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years.

Fuchsmeier, a Conestoga College graduate management instructor, has been used to work in radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years.

Along the way, he's been used to work in radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years.

But what he's been used to work in radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years.

"When you think about radio and the last 20 years. And that's why he's been used to work in radio and the last 20 years."

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propaganda and spread the philosophy of Don Cole."

"It's a religious institution, very much so."

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"I was told, 'I'm not sure if you're going to get this or not.' I was in the office that 9 weeks ago and was told, 'I'm not sure if you're going to get this or not.'"

Don Cole is a group of 1000 radio stations. And that's why he's been used to work in radio and the last 20 years.

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V.I.P. / C.I.P

IS COMING TO DOON CAMPUS

NOV. 17, 1993



Through displays, workshops, demonstrations and tours, the Conestoga College community will work together to host more than 3,000 senior secondary school students who are exploring their post-secondary education options.

LET'S ROLL OUT THE CARPET!!

VOLUNTEERS NEEDED

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NFL POOL — Week 15 Winner is Kathy Walters

Sponsored by O'TOOLE'S Roadhouse Restaurant

See Mike at the DSA Activities Office for more information

